

## CLIFTON MEDICAL CENTRE TRAVEL RISK ASSESSMENT FORM

Name:		Date of birth	
		Male <input type="checkbox"/> Female <input type="checkbox"/>	
E mail:		Telephone number:	
<b>PLEASE SUPPLY INFORMATION ABOUT YOUR TRIP IN THE SECTIONS BELOW</b>			
Date of departure:		Total length of trip:	
<b>COUNTRY TO BE VISITED</b>	<b>EXACT LOCATION OR REGION</b>	<b>CITY OR RURAL</b>	<b>LENGTH OF STAY</b>
1.			
2.			
3.			
Have you taken out travel insurance for this trip? Do you plan to travel abroad again in the future?			
<b>TYPE OF TRAVEL AND PURPOSE OF TRIP - PLEASE TICK ALL THAT APPLY</b>			
1. Holiday 1. Business trip 1. Expatriate 1. Volunteer work 1. Healthcare	1. Staying in 1. Cruise ship 1. Safari 1. Pilgrimage 1. Medical	1. Backpacking 1. Camping/hostels 1. Adventure 1. Diving 1. Visiting friends/family	<u>Additional information</u>
<b>PLEASE SUPPLY DETAILS OF YOUR PERSONAL MEDICAL HISTORY</b>			
	<b>YES</b>	<b>NO</b>	<b>DETAILS</b>
Are you fit and well today			
Any allergies including food, latex, medication			
Severe reaction to a vaccine before			
Tendency to faint with injections			
Any surgical operations in the past, including e.g. your spleen or thymus gland removed			
Recent chemotherapy/radiotherapy/organ transplant			
Anaemia			
Bleeding /clotting disorders (including history of DVT)			
Heart disease (e.g. angina, high blood pressure)			
Diabetes			
Disability			
Epilepsy/seizures			
Gastrointestinal (stomach) complaints			
Liver and or kidney problems			
HIV/AIDS			

Immune system condition			
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	YES	NO	DETAILS
Mental health issues (including anxiety, depression)			
Neurological (nervous system) illness			
Respiratory (lung) disease			
Rheumatology (joint) conditions			
Spleen problems			
Any other conditions?			
<b>Women only</b>			
Are you pregnant?			
Are you breast feeding?			
Are you planning pregnancy while away?			

Are you currently taking any medication (including prescribed, purchased or a contraceptive pill)?

PLEASE SUPPLY INFORMATION ON ANY VACCINES OR MALARIA TABLETS TAKEN IN THE PAST					
Tetanus/polio/diphtheria		MMR		Influenza	
Typhoid		Hepatitis A		Pneumococcal	
Cholera		Hepatitis B		Meningitis	
Rabies		Japanese Encephalitis		Tick Borne Encephalitis	
Yellow fever		BCG		Other	
Malaria Tablets					

Any additional information

## TRAVEL VACCINATION POLICY

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### For travel abroad with advanced notice:

1. You should return your travel vaccination form **at least EIGHT WEEKS** before your departure date.
2. Travel forms handed in at reception with less than eight weeks to departure date **WILL NOT** be accepted, and patients will need to attend an outside agency travel clinic.

***This two month notice period ensures that we can process requests and book appointments in the timeframe required for vaccinations to take effect.***

3. On receipt of your completed travel vaccination form a nurse will check your vaccination record against the recommended vaccinations for the country to which you are travelling.

**NB Please note that as requirements vary within countries you may need to enter specific details regarding the location and type of holiday**

4. You should collect the travel advice paperwork from the surgery at least seven working days after handing in the form to find out which vaccinations (if any) you require and (if necessary) to make an appointment.
5. You must **research** the potential vaccinations yourself and decide which you want. The Nurse can only advise.

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### Travel Vaccination Charges

Some travel vaccinations are available at your surgery and are covered by the NHS; no charge is applicable for:

- Polio\*/Diphtheria/Tetanus
- Hepatitis A
- Typhoid
- Cholera

\*If you require a certificate for proof of vaccination against polio (ie if travelling to Pakistan for longer than 4 weeks) there will be a charge of £2.50 per book.

### Please note:

**You will have to have to pay at a private travel clinic for travel vaccinations against:**

- Hepatitis B
- Japanese encephalitis and tick-borne encephalitis
- Meningitis vaccines

•Rabies

•Tuberculosis (TB)

•Yellow fever

**Yellow fever vaccines are only available from designated centres.**

The cost of travel vaccines at private clinics will vary, but could be around £50 for each dose of a vaccine. It's worth considering this when budgeting for your trip.

### **Malaria Tablets**

**The following can be bought over the counter from the Pharmacist.**

Chloroquine

Proguanil

Chloroquine and Proguanil

**Any other malaria tablets are on private prescription only from the private travel clinic.**

**For travel advice you can contact:**

Masta Travel Clinic: Telephone – 0330 100 4200 [www.masta-travel-health.com](http://www.masta-travel-health.com)

<https://nathnac.net/>

